

TOP 3 FLOXED SUPPLEMENTS FOR RECOVERY



See Complete Video Explanation

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1. MAGNESIUM GLYCINATE

2-5 scoops per day
mix with water.



2. BRAIN OCTANE

1 to 2 tbs per
day. Helps with
Mitochondria



3. LIQUID FISH OIL HIGH DOSE

1-3 tbs per day



Schedule a 20 minute discovery call

<https://www.facebook.com/groups/recovery.and.healing>

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